

## *The Act of Leadership Workshop*

### *Premise:*

*In today's global business environment we are all called to be leaders no matter what title we hold. We live in a world where knowing, having the answer/solution is valued. That is the history of our civilization. Now we are entering into a new phase where innovation and intimacy are considered the new components of success. In order to step into innovation and intimacy leaders have to let go of what they know and step into being fully present, aware and awake in any situation and use that in service of transforming the world around them.*

### *What is TAOL Training about?*

*The TAOL Training is about impact ... your impact! It's about your impact in your world, as a facilitator, a team leader, a manager, a consultant or a partner. It's about leadership.*

*In today's business environment we are all called to be Leaders no matter what title we hold. TAOL will teach you the practice of effective leadership in all aspects of your life.*

*This is an opportunity and a challenge to sharpen your skills in how to remain present, awake and aware in any situation and use that in service of transforming the world around you.*

*This two-day workshop is designed to train you in the same powerful skills used by great actors and directors.*

*You can expect your experience to be vigorous, in-the-body learning where you will practice and apply actor-training methods to create your role as a leader and facilitator.*

*TAOL will provide a safe space for you to explore the wild, zany, shy, scared, brilliant, and unknown parts of yourself in order to manifest what is dynamic about... YOU.*

### **TAOL will teach you:**

- *How to bring out the Leader in you.*
- *How to powerfully be YOU at all times.*
- *How to create presence.*
- *The 3 Acting Principles of TAOL.*
- *The 3 Leadership Principles of TAOL.*
- *Basic acting skills geared towards you as leader/facilitator.*

### **What you will gain:**

- *Improved ability to connect powerfully with groups of people.*
- *Better auditory and listening skills.*
- *A deep sense of what you are yearning for.*
- *A strong commitment to what is most important to you in your work and life.*
- *Better understanding of what it means to be intimate with others and yourself*

### **Logistics:**

*TAOL is a 2 day highly experiential eKCosystem program course, designed to train leaders in the same powerful skills used by great actors and directors.*

*This is a very vigorous, in-the-body learning experience where leaders practice and apply actor-training methods to become more aware and intentional with their presence and impact.*

### **TAOL 2-day workshop: an overview**

**Day 1- Introduction to Acting skills:** *“Lose your mind, come to your senses”. Class will be introduced to the 3 Acting Principles and 3 Leadership Principles. Participants will learn some basic acting skills.*

**Day 2- Integration - Creating the leader in you.**  
*Class will integrate everything they have learned in Day 1 to create his or her role of Leader. Participants will spend most of the day doing presentations from that leader role.*

## *Benefits:*

*By the end of this course,*

- *Participants will have greater self awareness and self confidence*
- *Participants will improve their ability to connect powerfully with others*
- *Participants will have better auditory and listening skills*
- *Participants will have a deep sense of their own vision as a leader*
- *Participants will have greater range and presence*
- *Participants will have a strong commitment to what is most important to them in their work and life.*
- *Participants will have a better understanding of what it means to have impact on and be intimate with others*

## *Target group for TAOL:*

*This highly effective workshop is designed for leaders, managers, entrepreneurs and coaches who have already done some personal work and want to increase their authenticity. It is a prerequisite that you are willing to 'go overboard' in experimenting to discover your true authenticity. We strongly encourage you to come to the course with an OPEN MIND.*

## *About eKCosystem*

*eKCosystem is an initiative of a powerful group of passionate, talented and creative leaders and coaches, specialised in leadership development, human resource innovation, venture management and executive coaching around the globe.*